

COVID “Street Sheet” – Charlottesville City Edition (+ County Edits)

**Version 3. Last Updated: 5/15/2020**

*This pamphlet is intended to provide a list of local resources, updated to reflect current operation status during the COVID crisis. All phone numbers are area code 1-434 unless noted otherwise. For up-to-date info, use the QR code to check our webpage.*

**PUBLIC MEALS**

- The Haven; 112 W Market; walk-up
- Salvation Army; 207 Ridge St; walk-up
- Keevil & Keevil Kitchen; 703 Hinton Ave; request via keevilkitchen@gmail.com or 989-8807.

|                 | Breakfast                     | Lunch                          | Dinner            |
|-----------------|-------------------------------|--------------------------------|-------------------|
| The Haven       | Mon-Sun<br>7am                | Mon-Thurs<br>12pm-1pm          |                   |
| Salvation Army  | Mon-Sat<br>7am<br><br>Sun 9am | Fri-Sat<br>12pm<br><br>Sun 1pm | Mon-Sat<br>5:30pm |
| Keevil & Keevil | Mon-Fri<br><br>8am            | Mon-Fri<br><br>12pm            |                   |

**EMERGENCY OVERNIGHT SHELTER**

- **Salvation Army Emergency Shelter:** 295-4058; 207 Ridge St. Men, women, families, children; Call or walk in 10am-10pm – not accepting new guests
- **PACEM:** 465-1391 (Liz); 112 W Market St (office) – accepting new guests on limited basis, call Liz to discuss a bed.
- **Shelter for Help in Emergency (SHE):** Hotline: 293-8509. Domestic violence shelter. Open to new guests, call hotline.

- **ReadyKids-Runaway Emergency Services:** Hotline 972-7233; Still active
- **Families in Crisis:** 296-3872. Currently out of funding for housing support; can still call for resource navigation.

## **DEPARTMENTS OF SOCIAL SERVICES**

Apply for Medicaid, SNAP, TANF, and other benefits.

- Call 1-855-635-4370 or go online to apply for benefits
- Call 1-855-242-8282 to apply for Medicaid

For other needs, call 970-3400 (Charlottesville) or 972-4010 (Albemarle). Offices are closed to the public.

## **LITERACY / GED**

- **Thomas Jefferson Adult Career Education (TJACE):** 961-5461. GED prep, family literacy, career readiness training. All programming online, call & leave message to get info.
- **Literacy Volunteers of America:** 977-3838; 233 4<sup>th</sup> St NW (Jefferson School). Tutoring in reading, writing, English as 2<sup>nd</sup> language. Currently closed.

## **VETERANS SUPPORT SERVICES**

- **VA Medical Center:** 293-3890; 590 Peter Jefferson Pkwy #250. All services & hours unchanged.
- **Supportive Services for Veteran Families:** 804-788-6825. Rapid rehousing and supportive services. Offices closed, call for services.
- **Virginia Department of Veterans Services:** 804-691-4905; 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Offices closed, call for services.

## **EMPLOYMENT SERVICES**

- **Virginia Employment Commission:** 1-866-832-2363. Call or go online to file for unemployment.
- **Goodwill Industries of the Valley:** 1-540-581-0620. Free virtual job training & career coaching.

- Closed: Downtown Job Center, Network2Work. Virginia Workforce Center is effectively closed.

## **CLOTHING**

- **Salvation Army Thrift Store:** 979-5320; 605 Cherry Ave. Still operating.
- **Eden Ministries:** Free clothing & household items. See Section: Emergency Food for more info. Open.
- **THRIVE Women's Health:** Maternity clothes. 220-3777, 1416 Greenbrier Pl. Call ahead.
- Currently closed: Green Olive Tree (Crozet), Belmont Baptist Clothing Closet, Twice is Nice

## **TRANSPORTATION**

- **JAUNT:** 296-3184. Regional transportation.
- **City of Promise:** 288-5153. Free Lyft rides for residents of Hardy Dr, 10<sup>th</sup> & Page, and Starr Hill
- **Veo E-bikes:** 1-855-VEO-2256. Free e-bike rides through month of May. Download Veo app or call directly to set up account and unlock a bike.

## **DISCRIMINATION SERVICES**

- **Legal Aid Justice Center:** 977-0553; 1000 Preston Ave #A. Legal consultation for housing and job discrimination, civil rights, immigration. Offices closed, call for assistance.
- **Central Virginia Legal Aid Society:** 296-8851; 1010 Preston Ave. Legal consultation for evictions, foreclosures, sexual/domestic violence. Not taking walk-ins, call or go online for services.
- **Office of Human Rights:** 218-0756; 106 5<sup>th</sup> St NE. Advocacy, mediation, and investigation of discrimination in housing, employment, and benefits. Office closed, call for assistance.

## **OTHER EMERGENCY SUPPORT**

- **AIM:** 972-1704. Mon-Thurs 9-4. Local utility and housing aid. Call Salvation Army for electricity & heat, otherwise apply online.
- **Love INC:** 977-7777. Emergency financial support and material aid. Offices closed, call for assistance.
- *(County-only):* **Crozet Baptist Church:** 973-4281. To be connected to local resources
- **Community Emergency Response Fund:** Closed: No longer accepting applications.

## NEED MORE INFO?

Point a phone camera at this QR code here

to open a webpage with up-to-date information on the resources listed here, or go to:

<https://tinyurl.com/covidresourceguidecville>

SCAN ME

## WOMEN'S HEALTH

- **Charlottesville Health Center – Planned Parenthood:** 296-1000; 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open.
- **Whole Woman's Health:** 973-4888; 2321 Commonwealth Dr. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open.
- **Blue Ridge Abortion Fund:** 963-0669. Funding for pregnant individuals with financial barriers to and in need of abortions. Still accepting calls & giving funding.
- **Donor Diapers:** 214-0345; Garrett Community Center (418 E Garrett St SE). Monthly diaper & wipe giveaways. Next on June 21<sup>st</sup>, 2-3:30pm.

## PHYSICAL HEALTH SUPPORT

- **UVA Community Call Line:** 98-COVID, Option 3; M-F 8am-5pm. New call center, connects individuals without a regular doctor to a UVA doctor to discuss non-emergency medical needs (e.g. new symptoms, chronic disease management, medication refill).
- **Thomas Jefferson Health Department:** 972-6269; 1138 Rose Hill Dr. Only in-person services right now: pap smears, birth control. WIC still operational. No testing or vaccines currently. Appointment only (no walk-ins). COVID Info: 972-6261
- **Charlottesville Free Clinic:** 296-5525; 1138 Rose Hill Dr. Non-emergency medical care & pharmacy for low-income households. Medical: Telehealth only, call for eligibility. Dental: emergency only, 1<sup>st</sup> come 1<sup>st</sup> serve.
- **Central Virginia Health Services** (Neighborhood Family Health): 227-5264; 901 Preston Ave, Suite 301. Comprehensive sliding-scale medical, dental, & behavioral health, & pharmacy. Still operating, schedule appointments online.
- **Visionworks:** 293-3225, Barracks Shopping Center. Free eye exams for patients with Medicaid. Open.
- **MyEyeDr:** 973-5361, 441 Westfield Rd. This location only: free eye exams with Premier, Aetna Better Health, and MARCH Vision Medicaid. Now: urgent appointments only; open for eye exams in few weeks.
- **Cville Community Cares:** 214-0454; Free prescription delivery. Sign up: <http://tinyurl.com/cvillecaresrx>
- **UVA:** Now offering mix of in-person & telehealth for most outpatient clinics.

## MENTAL HEALTH SUPPORT

- **Region 10:** Mental health, intellectual disability and substance use services. Most services available online, call to get connected. Crisis lines: 972-1800 / 1-866-694-1605. Telehealth intake appointments: 972-1829.
- **On Our Own:** 979-2440; 123 4<sup>th</sup> St NW. Peer-driven mental health and addiction recovery programming. Building closed, hosting virtual support meetings.
- **Teen Crisis Hotline:** 972-7233. Support services for youth, ages 12-18. Office closed, hotline still operating, call hotline to set up online counseling.
- **Women's Initiative:** 872-0047. Counseling and support services for women/transgender women. Free call-in clinic available, see website for hours.
- **Mental Health Association Virginia Warm Line:** 866-400-6428. Peer-run support line for individuals or concerned others who would like someone to talk to

- **Grief Share:** 800-395-5755. Online support group for coping with loss. See website for schedule or call.
- **Partner for Mental Health:** 977-4673. Effectively closed.

## SUBSTANCE USE SUPPORT

- **Addiction Allies:** 260-3042. Suboxone clinic / MAT, online counseling (substance use & mental health). Accepts Medicaid. No referral needed, just call or contact online.
- **Addiction Recovery Systems - Pantops:** 220-0080. 103 S. Pantops Dr. Methadone & Suboxone treatment center, online counseling. Accepts Medicaid & Medicare. No referral needed. Call for initial screening.
- **Region 10:** See section, Mental Health Support
- **Online addiction peer support meetings,** schedules on websites: **SMART Recovery, Alcoholics Anonymous** (293-6565), **Narcotics Anonymous** (800-777-1515), **Al-Anon** (cvillealanon@gmail.com, 972-7011 hotline), **Al-Ateen** (senglot12@gmail.com, 972-7011 hotline), **In the Rooms**

## SEXUAL ASSAULT ADVOCACY

- **Shelter for Help in Emergency (SHE):** See section, Emergency Overnight Shelter
- **Sexual Assault Resource Agency (SARA):** Office: 295-7273; hotline: 977-7273. 335 Greenbrier Dr. Resources for sexual assault survivors and bystanders. No walk-ins; video counseling & hotline still active.

## EMERGENCY FOOD

- **Emergency Food Network:** 979-9180; 900 Harris St. 3-day supply, 1x/mo. Call 9am-12pm Mon or Fri to request, then pick-up 1:30pm-3:30pm.
- **Loaves and Fishes:** 996-7868; 2050 Lambs Road. 7-day supply, 2x/mo. Call ahead to request. Drive-through pick-up on Wed (2pm-4pm), Thurs (6:30pm-8:30pm), and Sat (10am-12pm).
- *County-only:* **B.F. Yancey Community Center:** 7625 Porters Rd, Esmont, VA. 4th Fri/mo, 5-7pm. Drive-up, no need to call ahead.
- **The Catering Outfit Helps:** Temporary food pantry for restaurant employees who are out of work. Mon & Thurs 11am-2pm, pick-up at Atrium near Carlton Rd, Cville.

### ***Church-based Food Pantries:***

- **Church of the Incarnation:** 465-2671; 1465 Incarnation Dr. Sun 1:30-4pm. Do not need to pre-register.
- **Holy Comforter Catholic Church:** 208 E Jefferson St. Mon-Wed, 10am-12pm. Walk-up.
- **Church of our Saviour Episcopal:** 1165 Rio Rd E. Mon & Wed 12:30pm-2pm, Fri 10:30-12. Open.
- **Ministerios Profeticos Palabra:** 1-804-216-0399; 1827A Seminole Trail
- **St. Paul's Episcopal Church:** 851 Owensville Rd. 3rd Wed/mo. Must reside in Western Albemarle. Open; call 979-4490 to request.
- **Thomas Jefferson Memorial Church:** 717 Rugby Rd. 1st Fri/mo 9-11am (sign-in by 10am). Open, call 293-8179 to request.
- **New Beginnings Christian Community:** 1130 E Market St. Wed afternoon & Sat AM. Open; call 249-5691 to request.
- **Bethany Seventh Day Adventist:** 401 Harris Rd. 3<sup>rd</sup> Sat/mo, 1-2:30pm. Text/call 904-553-5167 to request week before; delivery (Cville only) or drive-through.
- **Eden Ministries:** 2999 Merrie Meadows Ln, Keswick. 1<sup>st</sup> Sat/mo 9a-noon. Call 973-4068 to schedule other times.

### ***Food Delivery Services:***

- **Social Distance Delivery:** Free grocery delivery. Request at [socialdistancedelivery.org](https://socialdistancedelivery.org)
- **JABA Home Delivered Meals:** 817-5253. For low-income folks > 60y unable to prepare meals. Call to determine eligibility.
- **Meals on Wheels:** 293-4364. Delivery of 2 weeks worth of lunches for homebound individuals. Next delivery is 5/28 (bimonthly). Call or apply online.

### ***Kids:***

- Albemarle County & Cville City provide breakfast & lunch to any child under 18y old. Through June 5<sup>th</sup>. See websites for pick-up schedule & locations.